

# Enhanced Thermal Stability of Eugenol by Cyclodextrin Inclusion Complex Encapsulated in Electrospun Polymeric Nanofibers

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**ABSTRACT:** Polyvinyl alcohol (PVA) nanofibers encapsulating eugenol (EG)/cyclodextrin (CD) inclusion complexes (IC) (EG/CD-IC) were produced via electrospinning technique in order to achieve high thermal stability and slow release of EG. In order to find out the most favorable CD type for the stabilization of EG, three types of native cyclodextrins ( $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD) were used for the formation of EG/CD-IC. In the case of PVA/EG/ $\alpha$ -CD nanofibers, uncomplexed EG was detected indicating that  $\alpha$ -CD is not a proper host for EG/CD-IC formation. However, for PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC nanofibers, enhanced durability and high thermal stability for EG were achieved due to the inclusion complexation. The electrospun nanofibers encapsulating CD-IC of active compounds such as eugenol may be quite useful in the food industry due to the extremely large surface area of nanofibers along with specific functionality, enhanced thermal stability, and slow release of the active compounds by CD inclusion complexation.

**KEYWORDS:** cyclodextrin inclusion complex, electrospinning, eugenol, nanofiber, polyvinyl alcohol (PVA)

## INTRODUCTION

In recent years, the interest in new technologies for active food packaging to prevent food-borne diseases, to provide safety/quality of nutrition, and to extend shelf life of food has increased significantly.<sup>1,2</sup> Incorporation of bioactive compounds with antibacterial and/or antioxidant properties,<sup>3</sup> such as essential oils,<sup>4,5</sup> bacteriocins,<sup>6</sup> organic acids,<sup>7</sup> and enzymes,<sup>8</sup> has been studied for designing active food packaging materials. However, these bioactive compounds are mostly volatile and temperature sensitive; therefore, their incorporation into polymeric films often faces problems since packaging films are produced by melt extrusion at high temperatures. Very recently, electrospun nanofibrous webs have received some consideration as an active food packaging material due to their very large surface area to volume ratio, nanoscale porosity, and high encapsulation efficiency of active compounds.<sup>9</sup> Moreover, electrospinning of nanofibers is mostly performed from solution-based systems at room temperature; hence, homogeneous mixing of additives in the fiber matrix can be easily achieved and the evaporation of volatile additives can be prevented. It has been shown that functional nanofibers incorporating bioactive compounds such as antibacterials, antioxidants, fragrances, and essential oils can be effectively obtained by electrospinning method.<sup>10–19</sup> Yet, compounds having volatile nature may encounter problems related to quick release during the electrospinning process or during the storage of the nanofiber matrix.<sup>11–16</sup>

Eugenol (EG) is a natural fragrance and flavor extracted from plants having antibacterial,<sup>20</sup> antifungal,<sup>21</sup> and antioxidant<sup>22</sup> properties which make this compound more attractive in food industry as a preservative and germicide. However, the use of EG has some limitations due to its low stability since it is easily oxidized or decomposed in the presence of oxygen, light, or heat.<sup>23</sup> So, the approach of molecular encapsulation by forming cyclodextrin inclusion complexes with EG was considered in order to improve its stability against oxygen,<sup>24,25</sup> light,<sup>24,25</sup> and/or heat.<sup>25–28</sup>

Cyclodextrins (CDs) are nontoxic cyclic oligosaccharides having truncated cone shaped molecular structure (Figure 1a). The most commonly used CD types are named as  $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD having 6, 7, and 8 glucopyranose units in their cyclic structure, respectively.<sup>29–31</sup> The depth of the cavity for these three CDs is same which is  $\sim 8$  Å, while the cavity sizes of  $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD are  $\sim 6$ , 8, and 10 Å, respectively (Figure 1a).<sup>29</sup> The CD has the ability to form noncovalent host–guest inclusion complexes with a variety of molecules including drugs,<sup>32</sup> pesticides,<sup>33,34</sup> and food additives.<sup>35–40</sup> Volatile and/or unstable food additives such as essential oils,<sup>35,36</sup> flavors,<sup>37,38</sup> and antioxidants<sup>39,40</sup> can be protected from evaporation, degradation, and oxidation by forming cyclodextrin inclusion complexes (CD-IC). Hence, controlled/slow release, prolonged shelf life, and high temperature stability for these food additives and bioactive compounds could be achieved by CD-IC.<sup>35–40</sup>

The incorporation of CD-IC into electrospun nanofibrous matrix is quite interesting, since these functional nanofibers/nanowebs have not only high surface area and nanoporous structure, but also the specific properties of CD-IC.<sup>11–16</sup> Volatile active compounds having high thermal stability, slow release, and prolonged shelf life could be achieved by encapsulation of their CD-IC into electrospun nanofibers/nanowebs. For instance, in our recent studies we have observed that CD-IC of vanillin<sup>12</sup> and menthol<sup>13–15</sup> encapsulated into electrospun polymeric nanofiber matrix has shown higher thermal stability and prolonged shelf life when compared those nanofibers without CD-IC.

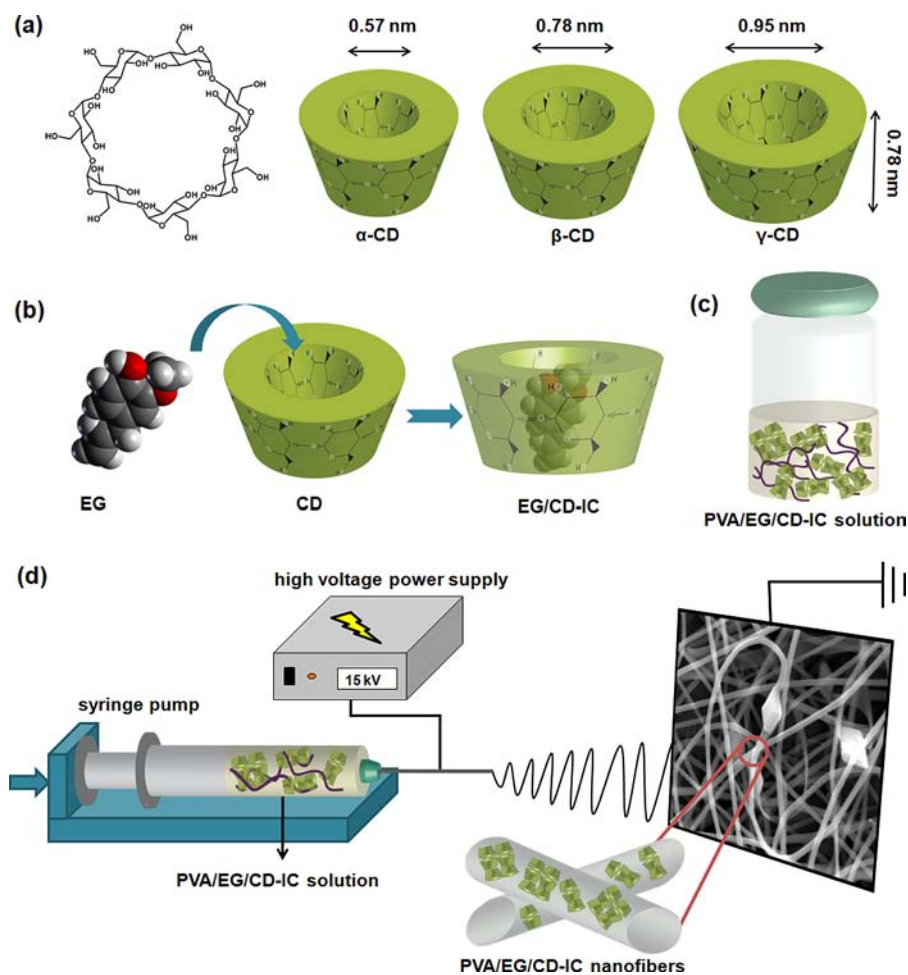
In this study, electrospun polyvinyl alcohol (PVA) nanofibers encapsulating EG/CD-IC were obtained via electrospinning to improve the thermal stability, and slow release of EG in the fiber matrix. PVA which is a proper polymer type for food packaging<sup>41</sup>

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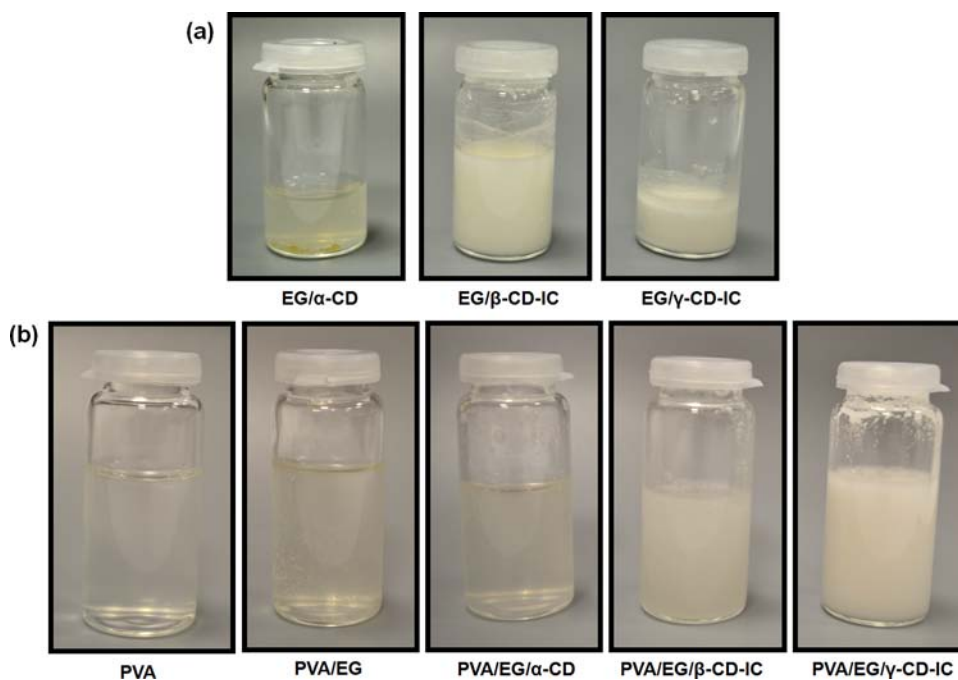
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**Figure 1.** (a) Chemical structure of  $\beta$ -CD and approximate dimensions of  $\alpha$ -CD,  $\beta$ -CD,  $\gamma$ -CD. Schematic representations of (b) formation of EG/CD-IC, (c) PVA/EG/CD-IC solution, and (d) electrospinning of nanofibers from PVA/EG/CD-IC solution.



**Figure 2.** Photographs of the solutions (a) EG/ $\alpha$ -CD, EG/ $\beta$ -CD-IC, and EG/ $\gamma$ -CD-IC, (b) PVA, PVA/EG, PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC.

**Table 1.** Properties of the Solutions Used for Electrospinning and Morphological Characteristics of the Resulting Electrospun Nanofibers

solution	% PVA <sup>a</sup> (w/v)	% CD type <sup>b</sup> (w/w)	% EG <sup>b</sup> (w/w)	viscosity (Pa s)	conductivity ( $\mu\text{S}/\text{cm}$ )	av fiber diameter (nm)	fiber diameter range (nm)	fiber morphology
PVA	12			0.66	638	360 $\pm$ 50	240–480	bead-free nanofibers
PVA/EG	12		5	1.78	618	440 $\pm$ 90	210–860	bead-free nanofibers
PVA/EG/ $\alpha$ -CD	12	33%, $\alpha$ -CD	5	1.25	584	520 $\pm$ 120	310–930	bead-free nanofibers
PVA/EG/ $\beta$ -CD-IC	12	39%, $\beta$ -CD	5	1.13	538	610 $\pm$ 110	270–1140	nanofibers with CD-IC crystals
PVA/EG/ $\gamma$ -CD-IC	12	44%, $\gamma$ -CD	5	1.10	578	540 $\pm$ 150	310–1170	nanofibers with CD-IC crystals

<sup>a</sup>With respect to solvent (water). <sup>b</sup>With respect to polymer (PVA).

was selected as a polymeric matrix. Here, three types of native CD ( $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD) were used to investigate the effect of CD type on the IC formation capability with EG and the stability of EG in the CD-IC. We observed enhanced thermal stability and slow release of EG by cyclodextrin inclusion complexation encapsulated in electrospun PVA nanofibers.

## MATERIALS AND METHODS

**Materials.** Polyvinyl alcohol (PVA, 88% hydrolyzed,  $M_w$  125 000 g/mol, SP<sup>2</sup> Scientific Polymer Products), eugenol (EG, 99% purity, Sigma-Aldrich), and deuterated dimethylsulfoxide (DMSO- $d_6$ , deuteration degree minimum 99.8% for NMR spectroscopy, Merck) were used in this study. Cyclodextrins ( $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD) were purchased from Wacker Chemie AG. All materials were used without any purification. The water was from Millipore Milli-Q ultrapure water system.

**Preparation of the Solutions.** A 1:1 molar ratio of EG with CD ( $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD) was used to prepare the inclusion complexes (IC) of EG. First,  $\alpha$ -CD (0.158 g,  $1.6 \times 10^{-4}$  mol) and  $\gamma$ -CD (0.21 g,  $1.6 \times 10^{-4}$  mol) were dissolved in 1.1 and 0.9 mL of water, respectively, at room temperature for 10 min. The amount of water used for these solutions was determined according to the solubility of CD in water at 25 °C, that is, 14.5 and 23.2 g/100 mL for  $\alpha$ -CD and  $\gamma$ -CD, respectively.<sup>29</sup> On the other hand,  $\beta$ -CD (0.185 g,  $1.6 \times 10^{-4}$  mol) was dissolved in 2 mL of water at 75 °C for 10 min because of its lower water solubility (1.85 g/100 mL) compared to other CD types.<sup>29</sup> Then, EG (24  $\mu\text{L}$ , 0.026 g,  $1.6 \times 10^{-4}$  mol) was added to each clear CD aqueous solution. After mixing the solutions overnight at room temperature, EG/ $\beta$ -CD-IC and EG/ $\gamma$ -CD-IC solutions became highly turbid due to the formation and suspension of IC aggregates (Figure 2a). On the other hand, EG/ $\alpha$ -CD solution was clear, and EG in yellowish color was visually observed (Figure 2a), indicating that the IC could not be formed between EG and  $\alpha$ -CD under the chosen experimental conditions and the solvent system.

Afterward, PVA solutions were prepared by mixing PVA pellets in water for 2 h at 75 °C, and the solutions were left at room temperature to cool down. After that, PVA solutions were mixed with EG/ $\alpha$ -CD, EG/ $\beta$ -CD-IC, and EG/ $\gamma$ -CD-IC solutions individually, and stirred for additional 2 h at room temperature. PVA/EG/ $\alpha$ -CD solution was clear, whereas the solutions of PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC were turbid, indicating aggregates of EG/ $\beta$ -CD-IC and EG/ $\gamma$ -CD-IC were suspended in aqueous PVA solutions. In addition, we also prepared solutions of PVA and PVA/EG without CD for comparison. The photographs of resulting solutions are given in Figure 2b. For all solutions, the PVA concentration was kept at 12% (w/v) with respect to solvent (water). The EG amount in the solutions was 5% (w/w), and the amount of CD was adjusted to 33% (w/w) for  $\alpha$ -CD, 39% (w/w) for  $\beta$ -CD, and 44% (w/w) for  $\gamma$ -CD, with respect to PVA. Table 1 summarizes the compositions of the solutions used for the electrospinning.

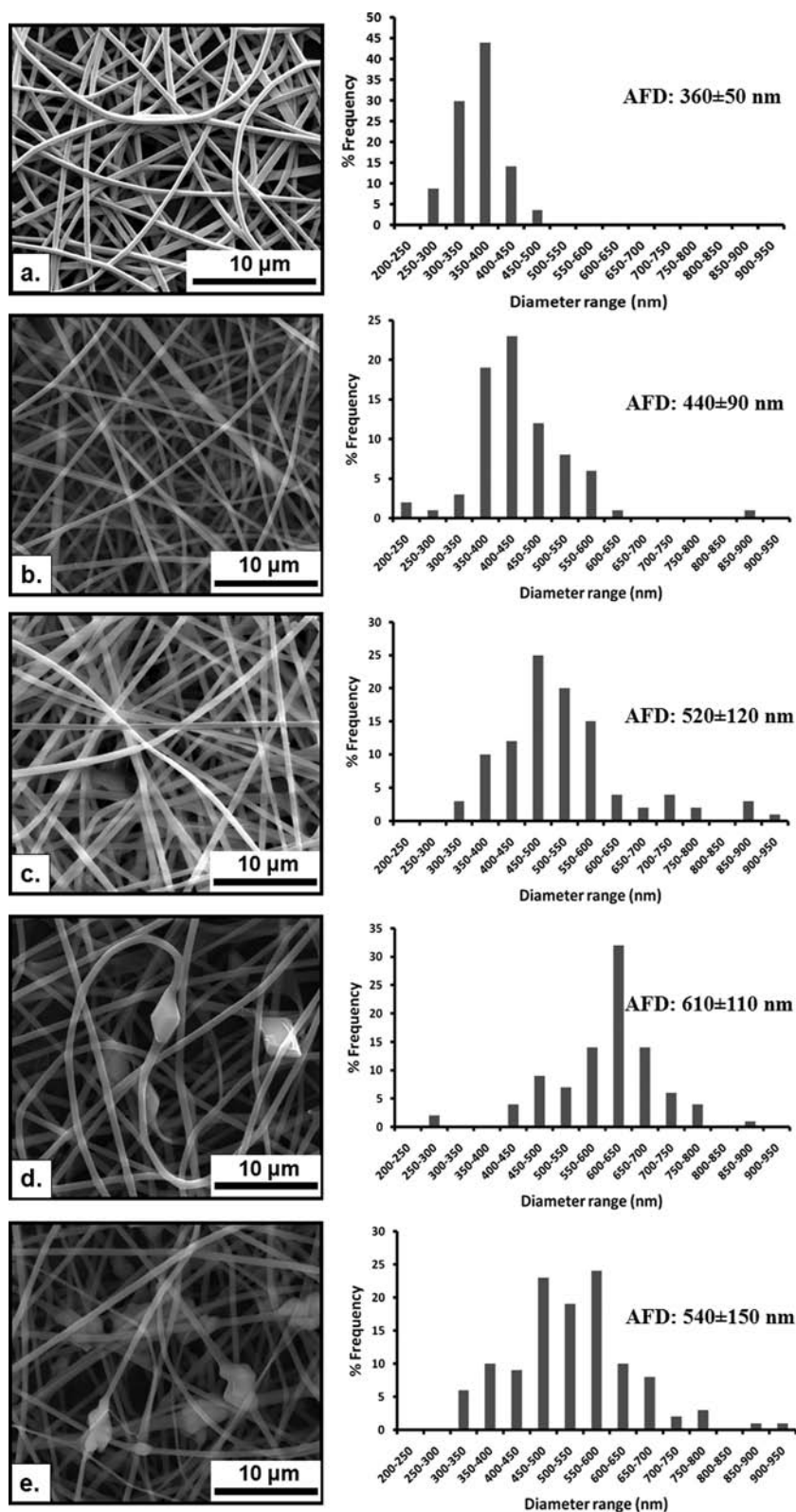
PVA/ $\gamma$ -CD solution was also prepared by using the same ratio to investigate the possible complexation of PVA with  $\gamma$ -CD. First, PVA solution was prepared by mixing PVA pellets [12% (w/v) with respect to solvent] in water for 2 h at 75 °C, and the solution was left at room temperature to cool down. Then, 44% (w/w)  $\gamma$ -CD with respect to PVA

was added into this PVA solution. After mixing the solution overnight at room temperature, PVA/ $\gamma$ -CD solution became clear. Thereafter, PVA/ $\gamma$ -CD solution was frozen at  $-80$  °C and then lyophilized in a freeze-dryer (Labconco) in order to obtain solid PVA/ $\gamma$ -CD.

**Electrospinning.** First, each solution was placed in a 3 mL syringe having metallic needle with 0.8 mm inner diameter. The syringe was positioned horizontally on the syringe pump (KD Scientific, KDS 101), and the electrode of the high voltage power supply (Spellman, SL Series) was clamped to the metallic needle tip. The electrospinning parameters were adjusted as 15 kV applied voltage, 10 cm tip-to-collector distance, and 1 mL/h flow rate of the solution. Electrospun nanofibers were deposited on the grounded stationary cylindrical collector covered by a piece of aluminum foil. Electrospinning was performed at 23 °C and 18% relative humidity in an enclosed Plexiglas box. Finally, the resulting electrospun nanofibers were left in the suction hood at room temperature for 24 h in order to allow the evaporation of uncomplexed EG if any exists.

**Characterization and Measurements.** Rheometer (Physica MCR 301, Anton Paar) equipped with a cone/plate accessory (spindle type CP 40-2) was used at a constant shear rate of 100 1/s, at 22 °C to measure the viscosity of the solutions. The conductivity of the solutions was measured with Multiparameter meter InoLab Multi 720 (WTW) at room temperature. Scanning electron microscope (SEM, Quanta 200 FEG, FEI) was used to analyze the morphology and fiber diameter of the electrospun nanofibers. Before SEM imaging, nanofiber samples were coated with 5 nm Au/Pd (PECS-682). The average fiber diameter of each sample was calculated by analyzing around 100 fibers from the SEM images. Fourier transform infrared (FTIR) spectroscopy (Bruker-VERTEX 70) was used in order to examine the existence of EG in the electrospun nanoweb. For FTIR analyses, the pellets were prepared by blending a piece of sample with potassium bromide (KBr) and then applying high pressure. The FTIR spectra were recorded with a resolution of 4  $\text{cm}^{-1}$  from 400 to 4000  $\text{cm}^{-1}$  of scanning wavenumber by taking 64 scans for each sample. The proton nuclear magnetic resonance (<sup>1</sup>H NMR, DPX-400, Bruker) spectra were recorded for about 20 g/L of the samples dissolved in DMSO- $d_6$  at 400 MHz and 25 °C to confirm the presence of EG in the electrospun nanoweb and to determine the molar stoichiometry of EG/CD. Integration of the resonance peaks ( $\delta$ ) given in parts per million (ppm) of the samples was calculated by using NMR software. The X-ray diffraction (XRD, PANalyticalX'Pert Powder diffractometer) measurements were carried out by using Cu K $\alpha$  radiation in a range  $2\theta = 5\text{--}30^\circ$  to investigate the crystalline structure of the samples. Thermogravimetric analyzer (TGA, Q500, TA Instruments) was used to investigate the thermal properties of the samples. The TGA analysis was performed at a 20 °C/min heating rate by starting from room temperature to 300 °C for EG and to 550 °C for the nanoweb under nitrogen gas.

The release characteristics of EG from the nanofibers were investigated by headspace gas chromatography–mass spectrometry (GC–MS) analyses that were carried out by using Agilent Technologies 7890A gas chromatography coupled to an Agilent Technologies 5975C inert MSD with a triple-axis detector. The headspace GC–MS experiments were performed with a CTC PAL autosampler by placing 16.6 mg of each nanoweb to 20 mL of headspace glass vials, and tops of the all vials were firmly closed to avoid the escape of EG. The incubation



**Figure 3.** SEM images and fiber diameter distributions with average fiber diameters (AFD) of the electrospun nanofibers obtained from solutions of (a) PVA, (b) PVA/EG, (c) PVA/EG/ $\alpha$ -CD, (d) PVA/EG/ $\beta$ -CD-IC, and (e) PVA/EG/ $\gamma$ -CD-IC.

temperature was determined as 50, 75, and 100 °C, and each sample was shaken sequentially at this temperature for 30 min at 250 rpm by using an agitator. Headspace injector (MSH 02-00B, volume = 2.5 mL, scale = 60 mm) injected 1 mL of the vapor of the samples to the GC-MS. HP-5MS (Hewlett-Packard, Avondale, PA) capillary column with 30 m  $\times$  0.25 mm inner diameter and 0.25  $\mu$ m film thickness was used for the

separation of compounds. The temperature of the column first was kept at 70 °C for 2 min and then raised to 230 °C at the rate of 20 °C/min. Finally it was equilibrated at this temperature for 3 min. In these measurements, helium was used as a carrier gas at a flow rate of 1.2 mL/min. Splitless mode was used in thermal desorption. Ion source and the transfer line temperatures were adjusted to 230 and 280 °C, respectively.

The GC–MS analyses were performed in the complete scanning mode (SCAN) in the 50–550 mass range, and the characteristic EG peak was determined by comparing its obtained mass spectrum with the EG spectrum in the Flavor 2 library. The peak area of the major peak of EG having 164.1 mass over charge was identified. The headspace GC–MS analyses were done in triplicate, and the standard deviations were calculated accordingly.

## RESULTS AND DISCUSSION

In this study, eugenol/cyclodextrin inclusion complex suspensions (EG/ $\beta$ -CD-IC and EG/ $\gamma$ -CD-IC) (Figure 2a) were mixed with polyvinyl alcohol (PVA) solutions. Then, PVA nanofibers encapsulating EG/ $\beta$ -CD-IC and EG/ $\gamma$ -CD-IC were successfully obtained from the resulting suspensions (Figure 2b) via electrospinning technique. Schematic representations of the formation of EG/CD-IC, PVA solution incorporating EG/CD-IC (PVA/EG/CD-IC), and electrospinning of PVA/EG/CD-IC solution are shown in Figure 1b–d. On the other hand, EG did not form inclusion complex with  $\alpha$ -CD under the applied experimental conditions; therefore, EG with yellowish color was clearly observed in EG/ $\alpha$ -CD solution (Figure 2a). Yet, EG/ $\alpha$ -CD solution was also mixed with PVA solution, and we obtained PVA nanofibers incorporating EG/ $\alpha$ -CD mixture for a comparison study. We also produced electrospun nanofibers of PVA, PVA/EG without CD-IC for comparison. Figure 3 shows the representative SEM images and the fiber diameter distributions with average fiber diameters (AFD) of PVA, PVA/EG, PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC nanofibers. The electrospun nanofibers of PVA, PVA/EG, and PVA/EG/ $\alpha$ -CD were uniform. However, the aggregates of EG/ $\beta$ -CD-IC and EG/ $\gamma$ -CD-IC crystals were present and randomly distributed in PVA fiber matrix in PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC samples. The variations of fiber diameters were observed among the samples possibly due to differences in viscosity and conductivity of the solutions. Table 1 summarizes the properties of the solutions and the morphological characteristics of the resulting electrospun nanofibers with their AFD and fiber diameter ranges. The viscosity of the PVA/EG, PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC solutions was higher than pure PVA solution possibly due to the interactions between the PVA polymer chains and the EG and CD molecules. On the other hand, PVA/EG, PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC solutions showed lower conductivity than that of the PVA solution. Both higher viscosity and lower conductivity of the solutions generally result in less stretching of the electrified jet, and therefore, thicker nanofibers are obtained in electrospinning.<sup>42–44</sup> As anticipated, slightly thicker nanofibers having fiber diameter around 500 nm were obtained for PVA/EG, PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC systems when compared to pristine PVA nanofibers having AFD of  $360 \pm 50$  nm owing to the higher solution viscosity and lower solution conductivity. Although PVA/EG solution had the highest viscosity, slightly thinner nanofibers were obtained compared to PVA nanofibers containing CD, since the conductivity of the PVA/EG solution was higher than that of PVA/EG/CD solutions. Moreover, the thickest nanofibers were obtained from PVA/EG/ $\beta$ -CD-IC system having lowest conductivity, since the polymer solution is being less stretched as a result of the less repulsion of the charges present at the surface. In brief, these findings are parallel with the general observation for electrospinning where viscosity and conductivity of the solutions are the key parameters to affect the fiber diameters of the electrospun nanofibers.<sup>42–44</sup>

The FTIR spectra of  $\beta$ -CD, EG, and the nanofibers are depicted in Figure 4. Since FTIR spectra of three native CD are

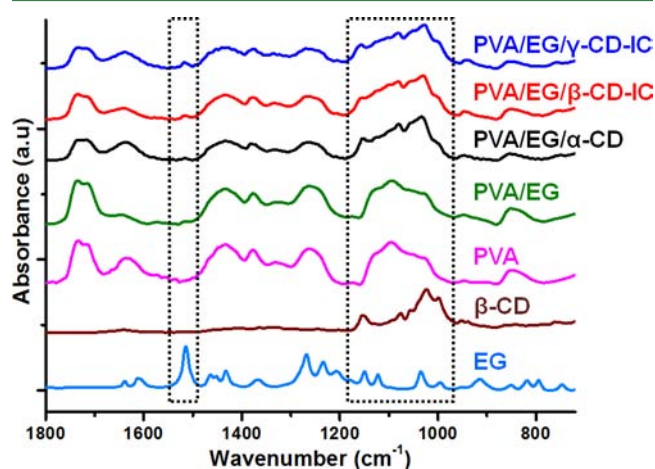
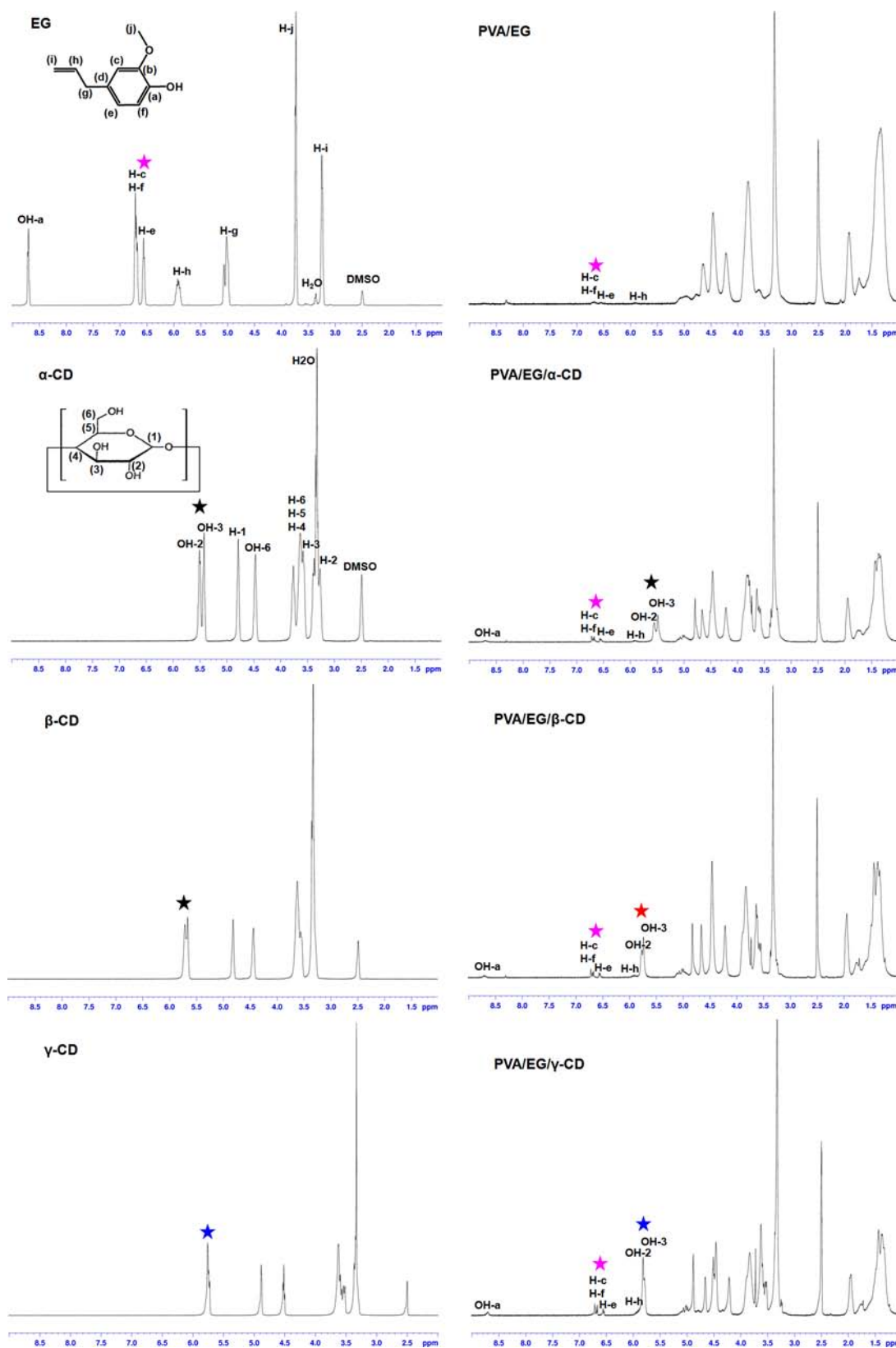


Figure 4. FTIR spectra of EG,  $\beta$ -CD, and the electrospun nanofibers.

similar, just  $\beta$ -CD is given as an example. The FTIR spectrum of EG has characteristic peaks in the region of  $720\text{--}1640\text{ cm}^{-1}$  assigned to C=C region and aromatic ring present in EG.<sup>45,46</sup> In the FTIR spectrum of  $\beta$ -CD, the characteristic absorption peaks of CD were observed at around  $1024$ ,  $1076$ , and  $1153\text{ cm}^{-1}$  assigned to the coupled C–C/C–O stretching vibrations and the asymmetric stretching vibration of the C–O–C glycosidic bridge.<sup>38</sup> The broad absorption band in the region  $1000\text{--}1140\text{ cm}^{-1}$  in the FTIR spectra of PVA and PVA/EG nanofibers corresponds to the stretching vibration of C–O and C–O–C groups in PVA.<sup>47</sup> This region becomes sharper for PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC nanofibers especially due to the presence of distinct characteristic peaks of CD in the same region. These peaks confirmed the existence of CD in these nanofibers. The overlapping of absorption peaks of PVA, CD, and EG makes the identification of the individual compounds rather complicated in the spectra of the nanofibers. However, the sharpest absorption peak of EG at about  $1514\text{ cm}^{-1}$  which is corresponding to C=C stretching of the aromatic moiety was observed for all nanofibers except for pure PVA nanofibers. This confirmed the presence of the EG in the PVA/EG, PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC nanofiber samples. Moreover, it was noted that the characteristic peak of EG at  $1514\text{ cm}^{-1}$  was shifted to  $1517\text{ cm}^{-1}$  for PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC nanofibers, whereas no shift was observed in the case of PVA/EG and PVA/EG/ $\alpha$ -CD nanofibers. The FTIR peak shift for the guest molecules is generally reported for the CD-IC systems due to the interaction between host CD cavity and guest molecules.<sup>16,48</sup> Here, our FTIR data suggested that the host–guest interactions were present between host CD ( $\beta$ -CD and  $\gamma$ -CD) and EG which confirmed the inclusion complexation.<sup>49</sup>

The presence of the EG and CD in the nanofibers was also confirmed by the  $^1\text{H}$  NMR studies of the samples (Figure 5). We performed  $^1\text{H}$  NMR study to calculate the ratio of EG/CD in the nanofibers by integrating the peak ratio of the characteristic resonances corresponding to EG and CD. For this calculation, the evident peaks for EG at about 6.7 and 6.6 ppm, (H-c,f,e)<sup>50</sup> which are not overlapped with the peaks of PVA and CD, were chosen. The intensities of these EG peaks were very weak in the NMR spectrum of PVA/EG nanofibers so the integration of the EG peaks was not possible. This finding indicated that most of



**Figure 5.**  $^1\text{H}$  NMR spectra of EG, CD, and the electrospun nanofibers. (Protons used for calculation of EG/CD ratio are shown by star sign; pink, EG; black,  $\alpha$ -CD; red,  $\beta$ -CD; blue,  $\gamma$ -CD).

the EG evaporated from this sample during the electrospinning of PVA/EG solution and/or during the storage of the nanofibers in the suction hood for 24 h. This result was also verified by the TGA studies as discussed in the following sections. On the other

hand, the peaks of CD protons (OH-2,3) at about 5.5 ppm ( $\alpha$ -CD) and 5.7 ppm ( $\beta$ -CD)<sup>38</sup> that are not overlapped with the peaks of PVA and EG were taken into account to calculate the ratio of EG and CD molecules in the nanofibers. However, the

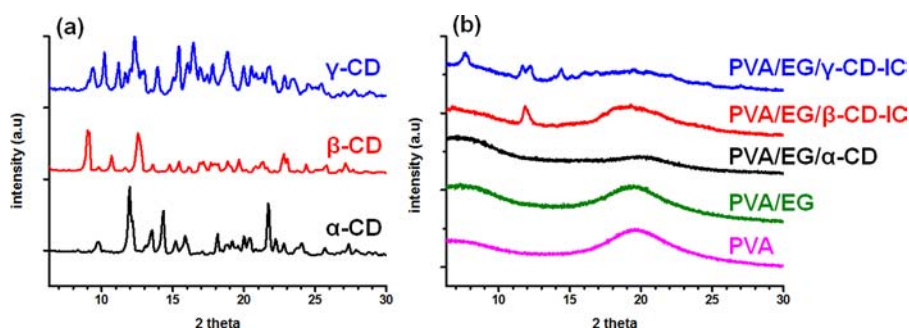


Figure 6. XRD patterns of (a) as-received CD and (b) the electrospun nanofibers.

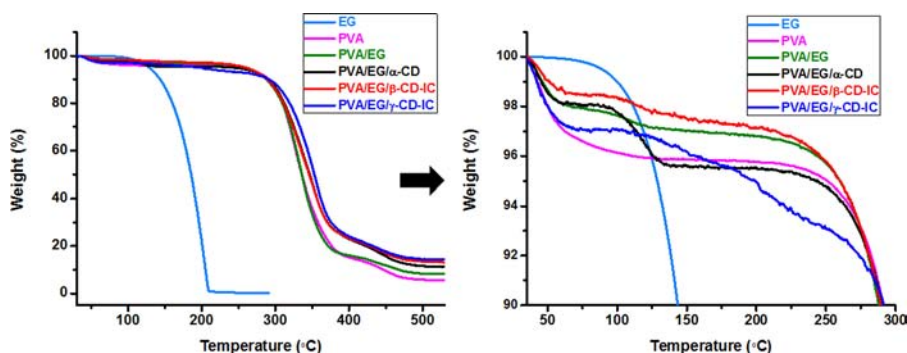


Figure 7. TGA thermograms of EG and the electrospun nanofibers.

peak at about 5.8 ppm (OH-2,3) in the NMR spectrum of  $\gamma$ -CD overlaps with the EG peak at 5.9 ppm (H-h). Therefore, in order to determine the integration of the  $\gamma$ -CD peaks (OH-2,3), the integration of EG peak assigned to one proton was subtracted from the integration of this overlapped peak. As a result, it was found that EG/ $\alpha$ -CD, EG/ $\beta$ -CD, and EG/ $\gamma$ -CD have stoichiometric ratio as 0.4:1, 0.6:1, and 0.8:1, respectively, in the PVA nanofibers. The results suggested that the 1:1 initial molar ratio used for the electrospinning process was not conserved especially in the case of PVA/EG/ $\alpha$ -CD containing uncomplexed EG. The highest amount of EG observed in PVA/EG/ $\gamma$ -CD-IC nanoweb indicated that  $\gamma$ -CD was the most favorable CD type for the complexation with a higher amount of EG, possibly due to its proper and larger cavity size compared to  $\alpha$ -CD and  $\beta$ -CD.

We have investigated the crystalline structures of the samples by using XRD. The XRD patterns of as-received CD are given in Figure 6a, and those of nanofibers are depicted in Figure 6b. The as-received crystalline CD species ( $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD) have characteristic diffraction peaks in the range  $2\theta = 5\text{--}30^\circ$  due to their cage-type packing structure as reported in the literature.<sup>51,52</sup> PVA nanofibers represented a broad diffraction pattern centered at  $2\theta \cong 20^\circ$  owing to its semicrystalline nature. A similar broad diffraction pattern was also observed in the XRD pattern of PVA/EG nanofibers which indicated that EG molecules were distributed in the PVA nanofiber matrix without forming any phase separated crystal aggregates. The XRD pattern of PVA/EG/ $\alpha$ -CD nanofibers had also broad diffraction centered at  $2\theta \cong 20^\circ$ , since EG/ $\alpha$ -CD was dispersed in the PVA nanofiber matrix without forming any crystalline aggregates. Consequently, the XRD data correlates with SEM images of smooth PVA/EG and PVA/EG/ $\alpha$ -CD nanofibers that showed no sign of EG or EG/ $\alpha$ -CD aggregates. For the PVA/EG/ $\beta$ -CD-IC sample, the intense diffraction peak at  $2\theta \cong 12^\circ$  in the XRD pattern indicated that channel-type packing structure of EG/ $\beta$ -CD-IC crystals<sup>15,38</sup> was present in the PVA nanofiber matrix. In the case of PVA/EG/ $\gamma$ -

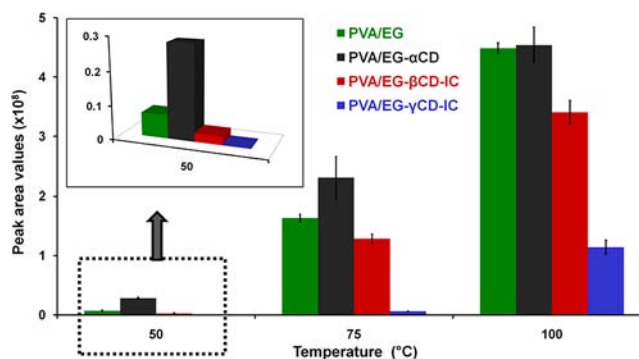
CD-IC nanoweb, salient diffraction peaks at  $2\theta \cong 7.5^\circ, 11^\circ, 12^\circ$  along with slightly intense diffraction peaks at  $2\theta \cong 14^\circ, 17^\circ$ , and  $22^\circ$  were observed elucidating that channel-type crystals of EG/ $\gamma$ -CD-IC<sup>38,52,53</sup> were present in the PVA nanofiber matrix. The complexation of PVA with  $\gamma$ -CD could be possible as previously reported in Tonelli et al.<sup>55</sup> However, in our system, the cavity of  $\gamma$ -CD was already occupied with EG molecules and therefore would not be available to complex with PVA. Nevertheless, we prepared a PVA and  $\gamma$ -CD aqueous solution and mixed it together, but PVA/ $\gamma$ -CD aqueous solution was clear, and no precipitation of CD-IC was observed. The XRD pattern of freeze-dried solid PVA/ $\gamma$ -CD sample had a broad diffraction centered at  $2\theta \cong 20^\circ$  (data not shown), and the characteristic channel-type packing of  $\gamma$ -CD was absent. In fact, XRD suggested that  $\gamma$ -CD was dispersed in the PVA matrix without forming any crystalline aggregates. This result also confirmed that the inclusion complex could not form between PVA and  $\gamma$ -CD in our experimental conditions. In brief, the channel-type arrangement of the CD molecules in which CD molecules are aligned and stacked on top of each other by forming cylindrical channels is generally used to confirm the formation of inclusion complex.<sup>15,38,51–54</sup> As a result, XRD studies revealed that EG/ $\beta$ -CD-IC and EG/ $\gamma$ -CD-IC channel-type crystals were encapsulated in PVA nanofiber matrix. As discussed above, these crystalline EG/ $\beta$ -CD-IC and EG/ $\gamma$ -CD-IC aggregates were also clearly observed in the SEM images of PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC nanofibers.

The thermal stability of EG encapsulated in the PVA/EG, PVA/EG/ $\alpha$ -CD, PVA/EG/ $\beta$ -CD-IC, and PVA/EG/ $\gamma$ -CD-IC nanofibers was investigated by the thermogravimetric analyzer (TGA) (Figure 7). The TGA studies of pure EG and PVA nanofibers were also performed for comparison. In the TGA thermogram of pure EG, the weight loss was started at around  $70^\circ\text{C}$ , and EG was completely evaporated before  $200^\circ\text{C}$  which confirms its volatile nature. In the TGA thermogram of PVA

nanofibers, the initial weight loss until 100 °C and the major weight loss at above 250 °C were observed due to dehydration of water and thermal degradation of PVA, respectively. For PVA/EG nanofibers, three weight loss steps were recorded in the TGA thermograms; the initial weight loss is owing to water loss, the second weight loss around between 70 and 140 °C is due to the evaporation of EG, and the main weight loss started at around 250 °C corresponds to the main degradation of PVA. Although 5% (w/w, with respect to PVA) of EG was used for the preparation of all nanofiber samples, from the TGA data only 0.8% weight loss of EG (w/w, with respect to PVA) was observed in PVA/EG nanofibers. Therefore, around 85% of EG has already been lost during the electrospinning of PVA/EG solution and/or during the storage of the PVA/EG nanofibers in a suction hood for 24 h. As also mentioned in the previous section, the integration of NMR peaks of EG in this sample even could not be calculated because of its low amount. The TGA thermogram of PVA/EG/ $\alpha$ -CD nanofibers has shown three-step weight losses at comparable temperature range as PVA/EG nanofibers. The evaporation temperature of the EG in PVA/EG and PVA/EG/ $\alpha$ -CD nanofibers was very similar to evaporation temperature of pure EG. It is known that the thermal degradation/evaporation of the volatile guest molecules shifts to higher temperatures in CD-IC owing to the interactions with the CD cavity.<sup>38,56,57</sup> Our result suggested that PVA nanofiber matrix could not enhance the thermal stability of EG without CD-IC, and so could not effectively preserve the EG at high temperature. Similar to PVA/EG, EG was in uncomplexed state in PVA/EG/ $\alpha$ -CD nanofibers; therefore, the thermal stability of EG could not be improved. However, TGA thermogram of PVA/EG/ $\alpha$ -CD nanofibers showed 2.45% weight loss of EG which corresponds to 33% (w/w) lost of EG from the initial amount used for this sample. Although  $\alpha$ -CD and EG were not in the complex state, the remaining amount of EG in PVA/EG/ $\alpha$ -CD nanofibers was much higher than the PVA/EG nanofibers. The presence of  $\alpha$ -CD somehow preserves a higher amount of EG in the nanofiber sample, and this may be because of some interaction, possibly hydrogen bonding between OH groups of  $\alpha$ -CD and EG molecules.

On the other hand, higher thermal stability of EG was observed for PVA nanofibers incorporating EG/CD-IC compared to PVA/EG and PVA/EG/ $\alpha$ -CD nanofibers. For PVA/EG/ $\beta$ -CD-IC nanofibers, the weight loss of EG started at around 100 °C. In the case of PVA/EG/ $\gamma$ -CD-IC nanofibers, the weight loss of EG was observed up to 120 °C, elucidating that the thermal stability of EG was improved more significantly for this sample compared to PVA/EG/ $\beta$ -CD-IC. The higher thermal stability of EG in PVA/EG/ $\gamma$ -CD-IC nanofibers suggested that the strength of interaction between EG and the  $\gamma$ -CD cavity was stronger when compared to  $\beta$ -CD, as also confirmed by headspace GC–MS analyses discussed in the following section. Moreover, in PVA/EG/CD-IC samples, the evaporation of EG possibly continued above 250 °C where main degradation of CD and PVA started, and therefore, we could not use TGA thermograms for determining the actual weight content of EG in the PVA/EG/CD-IC (PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC) nanofibers. So, as previously discussed, <sup>1</sup>H NMR analyses were performed for calculation of actual EG content in these samples. However, as it is seen in Figure 7, the % EG weight loss was higher for PVA/EG/ $\gamma$ -CD-IC compared to PVA/EG/ $\beta$ -CD-IC signifying that the amount of EG presented in this sample was higher, as also confirmed by <sup>1</sup>H NMR analysis.

Headspace GC–MS technique was used to investigate the thermal stability and release characteristics of EG in the nanofibers. Therefore, the release ratio of EG at 50, 75, and 100 °C from each sample was determined from the corrected area of the major peak of EG in each headspace GC–MS chromatogram, and the results are summarized in Figure 8. The



**Figure 8.** Peak areas of EG in headspace GC–MS chromatogram of electrospun nanofibers agitated at 50, 75, and 100 °C for 30 min.

headspace GC–MS analyses clearly showed that the amount of released EG is higher when the temperature increases from 50 to 100 °C. According to <sup>1</sup>H NMR data, the relative amount of EG was in the order PVA/EG/ $\gamma$ -CD-IC > PVA/EG/ $\beta$ -CD-IC > PVA/EG/ $\alpha$ -CD > PVA/EG. Both PVA/EG/ $\alpha$ -CD and PVA/EG contain uncomplexed EG, but the relative amount of released EG was higher for PVA/EG/ $\alpha$ -CD compared to PVA/EG since the actual EG content presented in the PVA/EG/ $\alpha$ -CD nanofibers was more than that of PVA/EG nanofibers as confirmed by <sup>1</sup>H NMR and TGA data. Although PVA/EG/ $\beta$ -CD-IC nanofibers contain a much higher amount of EG compared to PVA/EG, it was observed that the release of EG from PVA/EG/ $\beta$ -CD-IC sample was comparable to PVA/EG sample indicating that presence of EG/ $\beta$ -CD-IC in PVA nanofibers enhanced the slow release of EG at higher temperature. In the case of PVA/EG/ $\gamma$ -CD-IC nanofibers, the least amount of EG was released although this sample has the highest amount of EG compared to other samples. The slow release of EG at each temperature from PVA/EG/ $\gamma$ -CD-IC nanofibers clearly showed that the enhanced durability and higher thermal stability was achieved for EG due to inclusion complexation with  $\gamma$ -CD. This elucidated that  $\gamma$ -CD is the most effective native CD type for the high temperature stabilization of EG in our systems. This finding was also correlated with the results of the TGA study. In short, the higher temperature stable inclusion complex was formed between EG and  $\gamma$ -CD. This is possibly due to bigger cavity size of  $\gamma$ -CD which results in a better fit and size match between the EG molecule and the  $\gamma$ -CD cavity. To sum up, both TGA and headspace GC–MS studies revealed that the CD-IC provided higher thermal stability and slow release of EG in the nanofibers; in addition, the choice of CD type is also important for better thermal stability of EG.

In conclusion, in order to obtain functional nanofibers/nanowebs containing EG with enhanced thermal stability and durability, PVA nanofibers encapsulating EG/CD-IC were successfully produced via electrospinning technique. Here, three types of CD,  $\alpha$ -CD,  $\beta$ -CD, and  $\gamma$ -CD, were used for the formation of EG/CD-IC, and our results showed that the size/shape fit between the host CD and guest EG molecule is an important factor for forming inclusion complexation. EG could



not be complexed with a small cavity size of  $\alpha$ -CD. Hence, PVA nanofibers encapsulating EG only and EG/ $\alpha$ -CD could not preserve the EG due to its highly volatile nature. On the other hand, thermal evaporation of EG in PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC nanofibers shifted to higher temperature when compared to pure EG; moreover, much slower release of EG at elevated temperature (50, 75, and 100 °C) was achieved for PVA/EG/ $\beta$ -CD-IC and PVA/EG/ $\gamma$ -CD-IC nanofibers due to inclusion complexation. In addition, higher thermal stability and the slower release of EG was observed for PVA/EG/ $\gamma$ -CD-IC indicating that  $\gamma$ -CD was the most suitable host for EG when compared to  $\alpha$ -CD and  $\beta$ -CD. EG is a widely used bioactive compound as a fragrance and flavoring in the food industry due to its antibacterial, antioxidant, and antifungal properties. So, these functional electrospun PVA nanofibers encapsulating EG/CD-IC having very high surface area and a nanoporous structure as well as the properties of EG/CD-IC may have practical application in food industry and active food packaging, etc.

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### Notes

The authors declare no competing financial interest.

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